MOON VALLEY 5K Grasshopper Bridge

7th Annual

Benefiting

PHOENIX CHILDREN'S Hospital

Team Jaydie

Saturday, September 29, 2012 7AM

USATF sanctioned and certified **5K (3.1 mile) Run, 5K Walk** and **5K Coed Relay** starts at 3rd Ave and W. Betty Elyse in Phoenix and winds through residential streets and park grass, traversing *under and over* the famous Grasshopper Bridge and finishing in fabulous Moon Valley Park.

5K Race Awards (no duplicates): ***Top three (3) Overall Male/Female***
Top three (3) in Age Groups Male/Female
Top three (3) Coed Relay Teams
Top three (3) Overall M/F Clydesdale/Athena

14-Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-Plus
Clydesdale/Athena Division (Men 200 lbs+; Female 160 lbs+)
2- person Coed relay: 1st runner - 2 miles, 2nd runner - 1.1 miles to the finish.

Awards design by Jerry Golden of FastFrame @ 7th St and Thunderbird Rd
T-shirt design by Moon Valley artist Frank Ybarra (www.ybarraart.com)

Course Records: (Open) Neil McDonagh 14:51 (2011); Sally Meyerhoff 16:58 (2010)
(Masters) Martin Barrios 15:44 (2007); LJ Egbert 19:19 (2007)
Visit www.mvgrasshopperbridge5k.com for complete 5K information and to register online!

buy faster shoes

Strapped Jock
3522 W. Calavar in Phoenix
1 block N of Thunderbird Rd
Just West of 35th Ave.
602 547-0699

Entry Form

First Name | Last Name

Address | Apt.#/Suite

City | State | Zip or Postal Code

E-Mail Address

Home Phone: __ __ __-__ __ __- __ __ __ __

RELEASE FORM MANDATORY – All forms MUST be signed to enter the event. No entry will be accepted without payment. NO REFUNDS. In consideration of accepting this entry, I the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for losses and damages I may have against the directors and volunteers, Phoenix Children's Hospital or Foundation, Team Jaydie, Arizona Road Racers, Raceplace Events, the City of Phoenix, and any and all sponsors and other parties and their representative successors and assigns for any and all injuries suffered by me or my person or property, real or personal, whether known or unknown, foreseen or unforeseen in said event. I attest and verify that I am physically fit and have sufficiently trained for competition in this athletic event and competition which I am voluntarily entering at my own risk. My physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, recordings or any other record of me or this event for any purpose whatsoever. $20 check return fee. $10 tag replacement fee.

Signature of athlete | Date | Signature of parent (if under 18) | Date

ENTRY FEES

5K Run – 7AM	**$20** until 9/15	After 9/15 and Race Day - **$25**
5K Coed Relay – 7AM	**$20** until 9/15	After 9/15 and Race Day - **$25**
5K Walk – 7AM	**$20** until 9/15	After 9/15 and Race Day - **$25**
Special Pricing	**5K WALK ONLY**	Children 10 and Under FREE (no tshirt) w/ paying adult WALK entrant

SANCTIONED EVENT CERTIFIED COURSE

EVENT: __5K Run __5K Walk __5K Coed Relay - Team Name: _____

AGE ON RACE DAY: ____ **GENDER**:__M __F

Clydesdale/Athena Division: __M __F **(no age group consideration)**

T-SHIRT SIZE (Adult Sizes): **Small Medium Large XL XXL XXXL**

ARIZONA ROAD RACERS Grand Prix Race

Check payable to: ***Moon Valley Grasshopper Bridge 5K***

Mail To: Raceplace Events
Moon Valley Grasshopper Bridge 5K
P.O.Box 71121
Phoenix, AZ 85050

Race Entry $_____
Additional Donation (tax-deductible) to
Team Jaydie
PHOENIX CHILDREN'S Hospital
$_____
Total enclosed (Thank you!!) $ _____